

7th-12th Grade Uniform Code 2010-2011

All students at Sacred Heart wear uniforms to advertise their school, but more importantly, for every student to feel comfortable at school despite economic differences. We should all view each other on character, not on looks. Downplaying materialism at school, students wear uniforms and dress conservatively. The uniform code is not set up to restrict students' individualism, because we know a child's individualism and self-worth should not be related to one's clothes. Please remember that you represent Sacred Heart Catholic High School and any recent trend does not have to be a part of our uniform.

The Principal has the right to alter the uniform code if necessary.

FEMALE STUDENTS

- Blouse** Long or short-sleeve solid white fitted blouses from B's Uniforms with "SHHS" initials embroidered on the collar, in the style specified by the school, may be worn on any day. This blouse and a plaid crosstie are also part of the Mass uniform. This blouse has a finished hem and may be worn untucked. No tight fitting blouses — no gaping fronts.
- Polo** Solid navy blue long or shirt-sleeve polo can be worn on any school day other than Mass day. The polo may be worn untucked. The polo must have "Sacred Heart High School" embroidered in script on the left side, in the style specified by the school. The polo is available at B's Uniforms or Lands' End.
- Crosstie** Must wear matching crosstie with white blouse on Mass days and when representing Sacred Heart on a fieldtrip or other special function if uniform is required. The crosstie is to be worn the entire school day. The plaid crosstie matches the kilt or skirt and is available at B's Uniforms.
- *Kilt/Skirt** Girls have the option of choosing a plaid kilt or plaid skirt in the high school plaid (#42), which may be worn any day. They are available at B's Uniforms. The kilt must be hemmed 4 inches from the floor when kneeling. The kilt or skirt is to be worn on Mass days.
- Pants** A solid gray uniform pant may be worn in cold weather on any school day other than Mass days. The white uniform blouse or navy polo are to be worn with the pants. The pants are available at B's Uniforms or Lands' End.
- Shoes** Girls have the choice of wearing saddle oxfords or tennis shoes on any school day. Saddle oxfords must be black and white, free of any writing or drawings, and must be worn with navy knee socks on Mass days. Tennis shoes must be white, grey or black in color. Logos on the shoe may only be red, blue, grey or black. No other colors will be permitted as a dominant color or logo color. Shoes must not cover the ankle; no high tops. Shoestrings must match the dominant color of the shoe; no novelty shoestrings permitted. No boots, sandals, Crocs, blinking, backless or toe-less shoes will be permitted. All shoes should be free of any writing or drawings.

Socks/Leggings	Girls are to wear navy knee socks with saddle oxfords on Mass days, and short white socks with tennis shoes on any other days. White socks must be seen above the shoe, and may be worn with saddle oxfords on days other than Mass days. Navy or black leggings may be worn during cold weather under the kilts or skirts.
Undergarments	Girls must wear a solid white or beige bra. They may want to wear a white camisole over the bra with the white blouse. Camisoles and undergarments should not hang below a blouse or polo. Girls are not allowed to wear t-shirts under school uniform shirts.
Makeup	Girls are not allowed to wear heavy, dark eyeliner or multicolored eye makeup. Only clear or light pink fingernail polish is allowed.

See other items listed in the “Male and Female Students” section.

*Includes new options for 2010-2011 school year.

Girls’ Mass Uniform: Long or short-sleeve white blouse with plaid cross tie, plaid kilt or plaid skirt, navy knee socks, option of navy long-sleeve sweater or navy sweater vest and black and white saddle oxfords. This is to be worn all throughout the day on Mass days and as requested on any other special days.

MALE STUDENTS

Dress shirt	Boys are to wear a white Oxford button-down shirt with “Sacred Heart High School” embroidered on the pocket, in the style specified by the school, on Mass days. These dress shirts may be long or short-sleeved. Dress shirts may be purchased at B’s Uniforms or Lands’ End. Solid white undershirts may be worn with the dress shirt or polo, but must not show past the uniform sleeve.
Polo	On regular school days, boys may wear a long or short-sleeve black polo with “Sacred Heart High School” logo embroidered on the left side of shirt, in the style specified by the school. White undershirts may be worn with the dress shirt, but must not show past the uniform sleeve.
Tie	A plaid tie that matches the girls’ kilts or skirts must be worn with the dress shirt on Mass days. These ties may be purchased at B’s Uniforms. Boys may also choose to wear a solid navy or gray tie, or a navy and gray striped tie on Mass days. Ties are to be worn the entire school day.
Pants/shorts	Gray uniform pants or shorts may be worn any school day. Gray uniform pants must be worn on Mass days. These uniform pants and shorts may be purchased at B’s Uniforms or Land’s End.
Belt	Solid black or brown belt must be worn with uniform pants or shorts if there are belt loops. If belt loops have been removed, no portion of the original belt loop should be visible.
Shoes	On Mass days, boys must wear black or brown dress shoes that do not cover the ankle. On other school days, they may wear tennis shoes. The tennis shoe and sole should be predominantly white, grey or black in color. Logos on the shoe may only be red, blue, grey or black. <u>No other colors will be permitted as a</u>

dominant color or logo color. Shoes must not cover the ankle; no high tops. Shoestrings must match the dominant color of the shoe; no novelty shoestrings permitted. No boots, sandals, Crocs, blinking, backless or toe-less shoes will be permitted. All shoes should be free of any writing or drawings.

Socks Solid white, navy or black that show above the shoe.

See other items listed in the “Male and Female Students” section.

Boys’ Mass Uniform: Boys must wear long gray pants with belt, white shirt, and tie as specified in the uniform code. Mass uniforms are to be worn all day on Mass days and any other special days.

MALE AND FEMALE STUDENTS

*Sweatshirt Students may wear the official Sacred Heart uniform sweatshirt. It is a long-sleeve, crew-neck sweatshirt featuring the school crest, and comes in navy and grey. This sweatshirt will be the only sweatshirt allowed in the classroom and around the high school campus when school is in session. Sweatshirts are sold by Student Council, and order forms are available in the high school office.

Jackets A solid navy fleece jacket with full front zipper and NO HOOD may be worn to school and during the school day. Jackets must have “Sacred Heart High School” logo embroidered on the front, in the style specified by the school. These jackets are available at B’s Uniforms and Lands’ End. Also, Sacred Heart Catholic High School letter jackets are allowed to be worn, and may be ordered through the school each fall after a student has lettered in a varsity sport twice. Individual team sweatshirts, warm-ups and uniforms will not be allowed at school.

Sweater/Vest Girls may wear a navy blue v-neck sleeveless sweater vest, a navy blue long-sleeve v-neck sweater, or a navy blue long-sleeve fine gauge cardigan over a blouse or polo and must have the “Sacred Heart High School” logo embroidered on the left side in script, in the style specified by the school. These vests and sweaters are available at B’s Uniforms or Lands’ End.

Game Day Polo All Varsity, Jr. Varsity, and Jr. High athletes and cheerleaders may wear their royal blue “game day polo” on game days. The polo should be worn with jeans, or school uniform pants/shorts, or plaid kilt/skirt. This polo is optional. If a student does not have the royal blue polo, they will be required to wear their school uniform on game days. Polos should be ordered from Land’s End. Order information is available in the high school office.

Physical Education Those students who are taking P.E. will need to have athletic shoes for class. Girls are to have shorts which can be worn during the day under their kilts or skirts. These shorts are to be mid-thigh in length. If the P.E. class is on a Mass day or other special occasion when Mass uniform is required, students may change for P.E. but then should change back into their Mass uniforms.

Hair/Facial Hair Must be combed and clean for each school day. There are to be no extreme hair colors. Girls may wear hair ornaments that match uniform colors (white, navy, gray or plaid). Boys' hair cannot touch the back of the collar or hang in the eyes, nor can boys have shaggy hairstyles or ponytails. Boys are to have no facial hair, and if needed, should shave daily. The Principal and Assistant Principal will determine hair infractions.

Jewelry Only girls may wear earrings, and they should be limited to post earrings, one-inch hoops, and small dangling earrings. Necklaces are limited to religious medals or crosses on a chain. No chokers are permitted. Only one wrist watch may be worn. No facial piercing jewelry (this includes tongue or nose jewelry). No tattoos.

Other Issues

- Writing on clothing, shoes, arms, legs or faces will not be tolerated.
- No long sleeved shirt or turtle neck shirt may be worn under short sleeved shirt.
- No turtle neck shirts at all.
- Scarves may not be worn during the school day.
- No caps, hats, or hoods worn in any school buildings.
- Students are to remain dressed in full uniform until off campus, unless participating in physical education or athletics.

*New options for 2010-2011 school year.

OUT OF UNIFORM DAYS

Students may come out of uniform with a pass only, unless there is a school-wide special occasion announced by the Principal. If the student does not have a pass, the student must come to school in his/her regular uniform. Breaking rules will result in loss of privileges for future out-of-uniform opportunities. Listed below are restrictions for out-of-uniform days:

- Girls are allowed to wear jeans, pants or shorts to the knee.
- Skirts and dresses cannot be more than four inches above the knee.
- Boys are allowed to wear jeans, pants or shorts to the knee.
- No spaghetti straps
- No hats worn in the buildings
- No tight fitting shirts, no low-cut shirts, no gaping shirts (wear the right size!)
- No holes in pants or torn clothes
- No tank-top shirts
- No t-shirts with vulgarities, drug, alcohol, or tobacco references.
- No flip flops or shoes without backs.
- If a student has physical education on an out-of-uniform day, that student must have athletic shoes in which to change for P.E.
- No out of uniform privileges on Mass days

Parents, please consider the variety of activities your child is involved in during the school day before your child chooses an “out-of-uniform” outfit.

THE PRINCIPAL HAS THE RIGHT TO AMEND ANY PART OF THIS UNIFORM CODE IN THE BEST INTEREST OF THE SCHOOL.

USED UNIFORMS

The PTO operates a Used Uniform Store in the High School Building. Please refer to the school website for hours, special sale dates and a link to their website.